



# Food4Thought

People Helping People's Monthly Newsletter

Feb. 2022

## Connecting our Community

Our first Community Connections Conference was held on Friday, January 21 at the HELP Center with more than 25 agencies in attendance, sharing information on ways they can help those in need in our community.

Some of the agencies represented were from PHP, NAMI, Jericho Road, the Dawn Center, YMCA, Mid Florida Community Services, Hernando Health Department, Catholic Charities, Fostering Hope Kidz Closet, St. Vincent de Paul, Big Brothers—Big Sisters, ATA, and Premier Community Health.

The event was put together by **Maureen Soliman**, PHP Board member and Free Clinic volunteer. Maureen said that there was a

great response indicating need for interaction among our community resource agencies. She would like more faith-based participation to spread their outreach information in the future.

She added, "The homeless situation needs a major community discussion with local legislators because of a need for a homeless shelter staffed with social services, mental health-assessments, and referral for other services."

Another meeting is planned with invitations extended to government representatives.

If you would like your agency to participate or help plan the next conference, please email Maureen at [mosey217@hotmail.com](mailto:mosey217@hotmail.com).



## YUM, CHILI

Get your belly full of chili and vote for the best! It will be a fun day of chili, food and fun.

The Chili Cook-off will take place **Saturday, Feb. 19** from 11 am - 3 pm at our HELP Center, 1396 Kass Circle, Spring Hill.

It's a family fun day - we'll have chili, hot dogs, games, bake sale, prizes, drinks, and DJ Willie. Feel lucky? Come and spin the Wheel of Fundz; you may win something valuable.

If you'd like to donate a prize for the wheel game, contact Becky at [admin@phphernando.org](mailto:admin@phphernando.org) or 352-686-4466.

We hope to see you here to vote for your favorite chili!



[www.phphernando.org](http://www.phphernando.org)



People from agencies around Hernando County attended the Community Connections Conference to network and find resources for their clients.

Weekend Blessings is supported by grants from the following:



# TOGETHER, WE MAKE A DIFFERENCE!

*Cash donations enable us to buy those food items that we do not get in donations. Thank you to those listed below who contributed financially during the month of January.*

Access Health Care  
Anthony & April Artemisio  
Shawn Berg  
Linda M Bixby  
Brookridge Social Dance Group  
Kelly Brown  
Catherine Buonemani  
Murilene A Cronk  
Crystal Motor Car Employees  
Bernard Dignard & Anita Louise Hall  
James A Distefano  
Dennis Dwyer  
First Auroveda Foundation Inc  
Syed Waqar Hasan MD

Hoops for Hunger Fundraiser  
Alison F Kalvelage  
Michael & Ruth Kosteva  
Robert W Kwarren family  
Nicole Muna  
Network For Good  
New Hampshire Club of HC  
Ron & Barbara Osipoff  
PayPal Giving Fund  
James & Debra Peary  
Rotary Club of Spring Hill  
Sororidad Eta Gamma Delta Inc  
Springstead High School  
Spring Hill Nature Coast Lions Club  
Richard Sweade  
Hazel Elizabeth Thompson

*Thank you to all who provided in-kind donations during January:*

Monica Allison  
Richard Boats  
Joy Boyd  
Brookridge Community  
Kay Broyles  
Dollar General  
Forest Glen Co-op  
Forest Oaks of Spring Hill  
GlenLakes Community  
Greater Hope Church  
Joy Holmes  
Reflections Hair Salon  
Home Instead Sr. Care  
St. Paul the Apostle Church  
Springstead High School  
Linda & Jeff Weiner  
West Hernando Library

**Donations to People Helping People  
can be mailed to**  
**PO Box 6182, Spring Hill FL 34611**  
**or donate online at**  
**[www.phphernando.org](http://www.phphernando.org)**

## Reusable Shopping Bags Needed

Looking for a good way to promote your business? We need large plastic, canvas or fabric reusable shopping bags for our programs.

You can get them printed with your business information on the sides. Drop them off at the HELP Center (1396 Kass Circle) between 9am-3pm, weekdays.



Mondays & Thursdays at 8 pm  
at our HELP Center  
1396 Kass Circle, Spring Hill.

If you have news or a photo of interest to share, please send it to Becky at [admin@phphernando.org](mailto:admin@phphernando.org).

*Thank  
You*

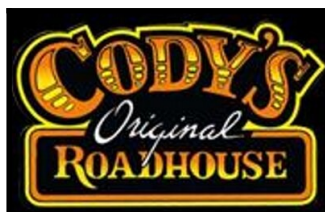
**January Sunday  
Blessings meal sponsors**

**PAM & BOB YONKER**

**OUTBACK**  
STEAKHOUSE®



County Line Road



## Free Blood Pressure Screenings

PHP medical volunteers will hold free blood pressure screenings on **Tuesday, Feb. 22** from 10am-1pm. Attendees (low income, uninsured) may also register to be seen for medical issues by our professional medical volunteers. HELP Center, 1396 Kass Circle, Spring Hill.

## Need a little help?

A list of available food pantries and programs around Hernando County is on our website. Please share. [phphernando.org/resources](http://phphernando.org/resources)

Visit [FindHelp.org](http://FindHelp.org) to find organizations that offer help in other ways, like rent and utility assistance.



1396 Kass Circle, Spring Hill, FL  
352-686-4466  
[www.phphernando.org](http://www.phphernando.org)



# ICYMI - in January

*(In case you missed it)*



A donation was presented by Juan from the Nature Coast Lions Club.



The Kass Circle Clean-up on January 15 was well attended by groups from Challenger K8 and Nature Coast (top and bottom photos) supervised by Tresa Watson, Hernando Community Coalition, with the help of Jack and Noah from HCC and Bill Toler from Challenger.



Volunteers set up for the mobile food distribution on a very rainy January 26. Our next food distribution is Wednesday, Feb. 23 at 10:30 am.



St. Paul the Apostle Old Catholic Church members provided a generous donation of food.



You can find more news and photos on our Facebook page.



**PEOPLE  
HELPING  
PEOPLE**  
in Hernando County



**Saturday, February 19, 2022**  
**11 AM– 3 PM**



**PHP Help Center**  
**1396 Kass Circle, Spring Hill, FL 34606**

*For the benefit of ...*

People Helping People in Hernando Co. (PHP)

PO Box 6182, Spring Hill, FL 34611

[www.phphernando.org](http://www.phphernando.org) • (352) 686-4466