



Food4Thought

People Helping People's Newsletter

1Q2025

WHAT IS THE STATE OF FOOD AVAILABILITY FOR THOSE IN NEED IN HERNANDO COUNTY?

News bit: WASHINGTON, March 25 (Reuters) - Food banks across the country, already strained by rising demand, say they will have less food to distribute because of at least \$1 billion in federal funding cuts and pauses by the current administration, according to Reuters interviews with organizations in seven states.

People Helping People is not a food bank or pantry in the true sense of the words. Our mission is to alleviate hunger in Hernando County. We are able to share pantry and fresh food items to unhoused and low-income persons in Hernando County. Additionally, we provide a warm meal on Tuesdays and Fridays between 11:30 and 12:30 at our HELP Center at 1396 Kass Circle and also take those meals to many of the local homeless campsites. A delicious restaurant or homemade quality meal for dinners is served on most Sundays at 3:30pm.

Fortunately, PHP doesn't rely on federal funding to purchase the food we share with those in need. We are able to continue on for the most part because of the generosity of the community in both donating food items and monies to go toward purchasing items we need to keep our feeding programs running.

To further explain why financial donations are important.....we currently pack bags of food enough for four meals to help more than 550 children through the weekend. This is our Weekend Blessings program. We offer each child the same food items in their bags. We can't be guaranteed that we will receive 550 of the same donated food item each week so, through the generous monetary donations we receive, we can purchase those food items (typically at a discounted price). Those monies also purchase the supplemental food pantry items we deliver to more than 225 low income seniors who are struggling.

PHP is aware that as other agencies and non-profits lose funding, people will be turning more and more to our organization. Again, that is why the community's donations of both food items and monetary gifts are critical.

In this issue, we want to especially acknowledge those who donate to keep your neighbors and their families from going without food.

**FOOD ASSISTANCE IS
SUICIDE PREVENTION**

Weekend Blessings is supported by grants from the following:



PEOPLE
HELPING
PEOPLE
in Hernando County

www.phphernando.org
352-686-4466

THANKS **FOR** DONATING!

WE APPRECIATE YOUR GENEROSITY

Dec '24 - Feb '25

Anonymous
Alcoholic Anonymous
**American Online Giving
Foundation**
Meghan Andres
Anthony & April Artemisio
Princess Arthur
Robert & Barbara Baehr
**Bank of America Charitable
Foundation**
John & Deborah Beason
Shawn Berg
Eliza Bosurci
Jane Boulanger
Kelly Brown
Catherine Buonemani
Paul & Linda Castello***
**Community Bag and Givin
Tag Program**
Murilene A Cronk
Donation Jar at HELP Center
Cleo Ann Druzbeck
Dennis Dwyer
Elevance Health
Chuck & Jan Enderle
Richard & Ellen Frank****
Alexandra Gannon
Gateway Bible Church Inc
Get Healthy Spring Hill
Dorothy Haney
Syed Waqar Hasan, MD
**Helden Inc dba Imperial
Cleaners**

**Hernando Cty Continuity of
Care Council**
**Hernando Environmental
Land Protectors**
**Hernando/Pasco/Citrus
Ladies Social Grp**
Highpoint Lions Club
Richard & Tammy Hoefer
IHOP Brooksville
**J Fred Danker Family
Foundation, Inc**
Genise and Gary Johnson
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James & Alicia Karam****
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Joan Kenyon
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Ann M and Lynn Madden
Philip & Sharon F McKenna
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James & Wanda Murphy
Nature Coast Bridge Club
**Oak Hill Hospital Medical
Staff**
Ron & Barbara Osipoff
PayPal Giving Fund
Verna Pedersen-Runyan
Ronald S & Judi L Perkins
Lillian Pesko
John Rinaldi

Caroline J Sachs
**Mary & Bob Sierra Family
Foundation**
Edward J III & Maureen Stegle
Lori Stevens
**St. Paul the Apostle Old
Catholic Church**
**Charles Stringer & Kendra
Kenney****
Richard Sweade
Mace Talbain
Timber Pines Gen X Club
Timber Pines Pickleball Club
Devan & Emily Thorne
Ruth Tolson
Tropic Shores Realty, LLC
Kenneth Trufant
Mary Gray Whitcomb
Wisconsin Club Timber Pines
Richard & Diane Wohlfiel
**Ronald and Dorothy
Yarrington**

**In honor of Marty Reiman*

***In celebration of Heather and John*

**** In memory of Nancy and David Watts*

*****In memory of Joseph Jurkiewicz*



"If you want to eliminate hunger, everybody has to be involved."

Thank you to those who contributed In Kind in through 1Q25

Anonymous (we know who you are!)

Ackley Dental Group

Lisandra Alvarado

Tolly Arthur

Jennie Austin

Barbara

Shannon Bechy

Donna Beckley

Amy Berry

Charles Berry

Richard Bonner

Lynn Branier

Karen Belsen

John Bremmerman

Brian

Robert Brown

Frank Brunot

Genia Burton

Chris

Christ the King Church

Christ the Savior Orthodox Church

Citrus Endoscopy

Frank Clark

Dakota

Day Dalessandro

Richard Degenhardt

Deluca Dentistry

Five Below

Dollar General

Elevance Healthcare

Ruby Ellis

Jack & Jen Enderle

Maria Figueroa

Dave Farrell

Diane Farrell

First Methodist Church

Sue Foster

Pastor John Friend

Gifts From Home

Glen Lakes Bible Study

Lilly Greenan

Grace Hannigan

Ruth Henriguez

Hernando Animal Hospital

Hernando Beach Property Assoc

Highpoint Community Center

Hernando Co Chamber of Commerce

Hernando County Dept of Health

Hernando County DOJ

Hernando County School District

Hernando County YMCA

Homeless to Home

Grace Hannigan

Barbara Henshaw

Eric Heperd

Elizabeth Hesel

Linda Howdeshelle

Jamie

Donald Johns

Jessica Jorge

Judith

June

Kindness

Kody

Joan LaBianco

Lily Last

Luna

*Steven Mandilin**

Marginene's

Mary Jo

Matt

Chris Morriss

Mary Lou Munna

Jessica Pacheco

Panera

Jim & Pat Panico

Sunday Padonu

Keith Passafione

Patty

Beth Peterson

Mary Peterson

Barbara PopaSiv

Pratt International

Providence Church

Publix

Ramona

Pat Ratlief

Jack Rinaldi

Roscoe

Carole Rose

Jim Rutz

Cami S.

Sav-A-Lot

Salvation Army

Vivian Scott

Donna Seruga

Brooke Shaw

Rebecca Simpson

Maureen Soliman

St. Paul the Apostle

St. Vincent's de Paul

Robert Steele

Stephenson Services

Veronica & Charles Stringer

Sunshine Helping Hands

Jana & Joy Taylor

Timber Pines Community

Tina

Togetherhood

Brian Valdez

Peter Walkins

Jim Walsh

**in honor of Anne & Michael Mandilin*

These are the organizations, businesses, individuals, and others who donated the food that PHP was able to offer as a delicious hot meal to hundreds during the first quarter of 2025.

They saw the need. They heard our ask. They stepped up.

Please show your appreciation by supporting these fine establishments and organizations who supported our Sunday Blessings program!

The Residence at Timber Pines strives to offer its residents the best amenities and services. Located in Spring Hill, FL, it lets you decide what kind of retirement you want to live. We combined active, fun filled senior living atmosphere with available health care so you can enjoy social, yet secure lifestyle that fulfills you physically, spiritually, and financially.

Timber Pines Pickleball Group is an optional activity offered at the Timber Pines community. There are monthly activities including skill level and fun level tournaments, free instruction for beginners, and both Ladies and Men's days to experience the competitive aspect of the game.

Krueger Catering is a catering service out of Brooksville, FL, known for its delicious food.

Knights of Columbus, Council #15905 of St Joan of Arc Catholic Church is a strong and prominent part of the parish. It is a group of men working to grow closer to the Lord, each other, their families, and serving the community.

Papa Joe's has been a family tradition since 1981, when founded by owners Joe and Donna Giarratana. Their passion for family and community and love for GOOD FOOD, has proved to be a recipe for success.

Tropic Shores Realty can help you discover Your Perfect Florida Home by working with Tropic Shores Realty, owners John and Linda Tacy. It's your complete source of Florida homes for sale & Florida real estate

Hernando Hispanic Heritage is a Non Profit Organization Celebrating Culture, Heritage and Diversity in our community and supporting education through art, music, literature and civic duty.

Uncle Shawns Lyfe BBQ Inc is a family owned and operated BBQ Food trailer serving up some of the best BBQ in the upper Tampa Bay area. They also offer catering for any event.

Hernando Dem Club exists to further the goals and candidates of the Democratic Party, both nationally and locally.



**PEOPLE
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352-686-4466

FREE HEALTH SCREENINGS!

Saturday, April 12, 10a - 1p



Frederick Kelly Elks Lodge #1270
510 E Dr. Martin Luther King Blvd, Brooksville

Free, confidential health screenings and information

- Testing for: Blood pressure, diabetes, HIV/AIDs
- Shots for: Hepatitis A & B, tetanus
- Info on substance abuse and recovery, free Narcan
- Info and referrals for mental health concerns
- Referral for free eye exam and glasses
- Info on how to quit smoking

Take home a bag of food items
and FREE clothing!

Brought to you by People Helping People in Hernando County's
Free Health Clinic

Questions? Contact People Helping People at 352-686-4466 or
admin@phphernando.org
www.PHPHernando.org



Mobile Food Distribution

For low-income
Hernando County families

**The LAST Wednesday
of the month**
1396 Kass Circle

352-686-4466 with any questions
or to volunteer

HELP Center Calendar

Nature Coast Art League

Mondays, 9am

AA meetings

Monday, Tuesday, Wednesday,
Thursday & Friday 7 pm

Free Health Clinic

Tuesdays 10 am - 1 pm

Meals for those in need

Sunday 3:30 pm
Tuesday & Friday 11:30 am
3rd Wednesday 5p - Bethlehem
Baptist Church Brooksville

Showers available

Tuesday & Friday 9 am - 1 pm

For the full calendar

<https://phphernando.org/calendar>

COMMUNITY FOOD DRIVE



SCHOOL IS OUT, HUNGER IS NOT!

Hernando YMCA Togetherhood

As students step out of the classroom for the summer, many families struggle to provide enough meals. Join us in this community-driven food drive, aimed to support children and families who face food insecurity during summer break.

SUGGESTED ITEMS:

- Applesauce Cups
- Mixed Fruit Cups
- Granola Bars
- Chicken Noodle Soup
- Tuna Packages
- Juice Boxes
- PB Crackers
- Peanut Butter & Jelly
- Vienna Sausage
- Fruit Bars
- Beef Stew
- Beans & Franks
- Pudding Cups
- Powdered Milk
- Jell-O Cups
- Canned Ravioli
- Canned Lasagna
- Mac & Cheese Cups

MARCH 31 - MAY 11



DROP OFF LOCATIONS:

Hernando County YMCA
1300 Mariner Blvd

Weekly Participating
Community partners

Donations can be placed in
the lobby collection boxes.



E-mail admin@phphernando.org
with questions.

Hernando County Family YMCA
1300 Mariner Blvd., Spring Hill, FL
352.688.9622

Thank You
Community
Organizers:



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